

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



Rick Lowman, Grand Knight

Tim Philomeno, FFS—Editor

From The Grand Knight

Preparing for Easter

Worthy Brothers All,

We are halfway through our Fish Frys, which means we are halfway through the 40 days of Lent, our season of prayer, fasting and almsgiving. Of course where we are leading up to is Easter. Many people think Christmas is the greatest day in the liturgical calendar, but it is in fact Easter. It is the fulfillment of God's promises to mankind. Easter is the day we celebrate the Resurrection of Our Lord and His triumph over sin, and is actually an eight day octave from Easter Sunday through the second Sunday of Easter. The eight days are celebrated as Solemnities of the Lord. Easter is a movable date, occurring on the first Sunday after the first full



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Pennies for Heaven

I am back. I might not be as loud as I have been in the past and I won't be as consistent as I have been in the past, but I hope you will think of me every time someone puts their money in the Pennies for Heaven barrel. If I may be so bold to make a suggestion to the council. If you are lucky enough to win one of the monthly drawings, donate half or more of your winnings to Pennies for Heaven. Let me say there is at least one other Past Grand Knight who has donated their winnings to Pennies for Heaven. If you cannot afford to make the donation, may I ask you to do the other part of Pennies for Heaven, to say a short prayer for the seminarians.



That is a good suggestion for our council for Lent which begins Ash Wednesday, March 6. Instead of abstaining from something, say a quick prayer for the seminarians that Our Lord protects them and makes them good and caring priests. Please don't forget my saying "It is a walk of fame not shame for members to walk up and put money in the barrel."

Vivat Jesus, Joe Penwell PGK, PFN

Chancellor

Sister Mary Stephan. What a piece of work! She was my fifth grade teacher. Sixth. Seventh. Eighth.

I spent most of my recreation time sitting in a first grade chair, writing out the catechism verses that I couldn't/wouldn't memorize.

She learned the baseball card heads/tails flipping game so well that she won all of our baseball cards. She would use them as rewards.

The old metal-crucifix-on-the-knuckles dance was frequently used, but she always pulled her punches.

There was no science offered at the school. She started a science club after school. There is where I first dissected a frog, and caught the first glimmer of the miracle of life.

Her vocation was to serve God. She showed her love of God through her love of children.

I was so blessed to have known her.



Lecturer—Bill Shell

Have you ever considered submitting a sample of your DNA in order to find out about your ancestry? Maybe like millions of others you already have.



This came to my attention because my niece recently did this. Some background - my oldest sister adopted her two children. While she encouraged them to connect with their biological families, they showed no interest in doing so. However, my niece's son gave her a DNA kit to determine if there was any illness that could be hereditary. The results also found that she was the product of her Italian father and a Polish mother. This led her to search for her family. She was able to connect with a couple of her sisters who had been searching for her themselves.



Did you know that we also have a spiritual DNA? The fairly recent interest in our physical DNA has led to discussion in Christian literature about our spiritual DNA for by virtue of our soul we have both a human and spiritual nature.

While a DNA test determines your identity at the cellular level, establishing paternity, genetic disorders, and ancestry, a spiritual DNA assessment reveals your identity in that which makes you a spiritual being: your strengths, your gifts, your passions, and your call. Remember that we are made in the image and likeness of God because we are all children of God.

So how do you discover your spiritual DNA. An opportunity to find out is to attend the Strengthfinders classes offered by the parish. The next set of classes will be Tuesday April 9, 16, 23, and 30. The class will meet from 7pm to 8:30pm in the Willenborg Center. Strengthfinders is a great way to discover who God made you to be and how best to use your gifts and talents.

Bill Shell,
Lecturer

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moon occurring on or after the spring equinox, always between March 22 and April 25. Last year it was early at April 1, this year it is late at April 21. At Easter during Mass we again celebrate the Gloria (during the Introductory Rites) and the Alleluia (just before the reading of the Gospel), both of which are absent during Lent.

Holy Week begins Palm Sunday April 14 when we celebrate the triumphant return of Jesus to Jerusalem, and culminates with the Triduum, the three holiest days of the year: Holy Thursday, Good Friday and Easter. This then begins the 50 days of Easter season, which includes the Ascension of Our Lord May 30, and concludes with Pentecost, the outpouring of the Holy Spirit, June 9.

The last of our six Fish Frys will be April 12. After that we have only four major events on our calendar for this fraternal year: our third and final parish Rosary April 25, the Culture of Life Dinner and Poster Contest April 27, Mothers Day Breakfast May 12, and our End of Year Banquet June 15. Our Deputy Grand Knight Garnett and Chancellor Paul are already preparing to move up the chairs and lead our Council next year.

As we work our way through the Fish Frys and remaining events, at the same time we will be mindful of our Lenten season of prayer, fasting and almsgiving. This will lead us to the most glorious solemnity of the church year, Easter, where we proclaim "The Lord is truly risen" (Lk 24:34), and the 50 day Easter season.

Vivat Jesus, Rick Lowman, Grand Knight

April Birthdays and Anniversaries!

MEMBERS		WIVES	
3rd	Victor Ruiz	4th	Crystal Ross
3rd	James Bianchi	7th	Dona Fernando
3rd	Thomas Batterberry	8th	Janice Delafontaine
5th	Donald Miller	8th	Norma Anderson
11th	Felipe Salazar	11th	Cindy Anderson
13th	Glen Knowlton	12th	Laura Fuller
13th	Andrew Ndungu	13th	Dianna Buss
14th	Mark Watling	21th	Shirley McArdle
14th	Francis Keu	26th	Kristen Strauss
15th	Joseph Zaratkiewicz	29th	Amy D Angelo
17th	H Dean Smith	ANNIVERSARIES	
19th	Matthew Siverly	9th	Matthew and Lisa Siverly
19th	Mark Czaplowski	13th	Jeffrey and Paula Mayfield
20th	Dale Dietrich	16th	Anthony and Betsy Robinson
28th	Kenneth Blauvelt	20th	Randall and Ramona Gagner
29th	Millard Longley	25th	Raleigh and Linda Wolleat
30th	Dustin Calugay	26th	Raymond and Mary Garcia
30th	Michael Silvernagel	30th	Joseph and Lorraine McQuiston

Don't see your Birthday or Anniversary? Send the dates to our FS, Joe Krick fs@kofc7528.org, he will update our database and next time, you will be included.

Next Business Meeting!

Brother Knights,
Just a friendly reminder. We will be having our next general meeting Tuesday, April 2nd. Come down and see the fun we have in store.

Vivat Jesus!, Rick Lowman, Grand Knight

Meeting Raffle

Each meeting, we draw a member's name for a chance to win the Meeting Raffle. We start the year with \$25.00 and add \$5.00 each month that there is no winner. You MUST be present to win.

The winner for March was Tom Skoda . Tom was present and is eligible to receive the jackpot. Jim Roten

Nativity House!

Come help feed the homeless Saturday April 20th. Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need!

Contact Ted Colby at nhb@kofc7528.org for any additional information.

Good of The Order

Listed are all of the those Brother Knights or family members who are Sick or in Distress.

Pete Anderson, Mike Fay,
Deacon Jerry Graddon
Peggy Horner, wife of Ralph Horner
Joe Jarrell, father of Randall Jarrell
Jerry Koch and wife Kathy, Joe Martinez
Gary Mesick, Joe Penwell, Tony Robinson
Joey Romero, Jim Roten, Matt Siverly
Dean Smith, Boyd Wilton, Jim Yokum

Pray for our soldiers and first responders (Police & Fire) as they perform their duties protecting us.
Pray for the Church to heal all wrong doing and lead us to follow Christ's way.
Pray for an end to abortion and the killing of the unborn.

KNIGHTS NIGHT



This year's Knight's night at the ball park is Sat. Aug.3 at Cheney stadium, Tacoma WA. It will be a combination Knights & disabled veterans & their families.

Game time is 7 PM

Tickets are \$14.00 & \$19.00

All tickets include assigned seating, 1 hot dog with bag of chips,& bottle of water.

The \$19.00 tickets include all of the above & a Rainiers hat.

I will be taking reservations as soon as possible starting now & up to the end of May. All tickets must be paid in cash only. All tickets will be distributed at the July meeting.

You may contact me @ rhusky1@gmail.com, or 253 735 6035. Ralph Osman

2018-2019 Council Leadership

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February Knight of the Month and Family of the Month

February Knight of the Month is Deacon Jerry Graddon. We are very blessed to have Deacon Jerry as our Council Chaplain. He is able to be with us for almost every General Meeting and adds a distinct sense of spirituality to our meetings. He always has a very inspiring and thoughtful Chaplain's Message to start our meeting, and then later delivers a beautiful prayer for the Good of the Order. In addition, he and wife Trese attend and support most of our events. Deacon Jerry, thank you for serving as Chaplain of Council #7528, we are proud to award you Knight of the Month.

February Family of the Month is Mark and Rebecca Watling. Mark is one of those Knights who is a hard worker and consistently shows up to help at nearly every event all year long. He had an active role in the Crab Feed, and now during the Fish Frys is a key member of the breeding team which breeds the fish prior to cooking in the fryers. Rebecca is also a big help at many events, and also attends and supports many of them. Mark and Rebecca also actively participate in the Liturgy, serving as greeters and ushers at most 9:00 Masses. Congratulations to Mark and Rebecca, our February Family of the Month.

Nice to have good friends

The other day I was talking to a friend of mine about the importance of having good strong reliable friends that you can count on. He surely agreed and then went on to talk about the difference between friends that are close and then those that are not as close but how they all bring certain gifts to their friendship. I told him how much I appreciated the conversation and thought I'd share my thoughts on the subject with you.



Wouldn't you agree that good, strong friendships can make our lives immeasurably richer?

Think about it, good friends are rare. We have thousands of acquaintances, many associates, but few real friends. Real friends are those we freely select, and for this reason they play a special part in our lives. They provide us with joy, comfort and caring. And because our time with them is limited to relatively short periods together, friendships give us a breather from the intensity of our full-time, primary relationships.

When we have made a good friend, we have shared our deepest thoughts and feelings, and we have also developed shared respect and affection. These things can last a lifetime, surviving great distances in time and space. But, like your primary relationships, good friendships are not merely for comfort and support. They are vital threads that keep us connected to the world.

They lead us gently into new areas of growth by helping us see our problems and ourselves from another perspective, and good friends are always there, challenging us when they see us moving in harmful directions. It's important to remember, though, that friendships, like any relationship, need attention and nurturing if they are to remain strong and healthy.

There are six magic words that make friendships happen. And it doesn't matter whether the friendships are online or face-to-face. These six words are:

"What can I do for you?"

Yes, they are magic words. Because they not only touch the heart of others, they also transform our own heart. We begin to let go of an ego-centric view of the world where the main words are I, me, and mine. Instead, we start to appreciate the needs, wants, and hopes of others.

Can you think of someone right away who would benefit from the six magic words? How are your friendships doing? Are you going the extra mile to make sure your friends know how important they are to you? Remember, it's in your hands.

David

Insurance Benefits

April 15th, the tax day, is not far off. It's a time when most of us focus on the income we've made....and how much of that we have to hand over to the government. Nobody's happy about that. And nobody's happy about all the complicated tax laws and regulations. I heard a suggestion once that the income tax form could be simplified and reduced to just two questions and a statement:

How much did you earn last year? How much do you have left?

Seriously, now is a good time to take stock of your finances and make sure you're on the path you want to be on. The focus around this time of year is saving tax money by contributing to an IRA for retirement. And whether you're getting close or whether you're fresh into a career and working life, it's not too early to plan. But many of the folks I talk with have lots of questions:

- What's the difference between a Traditional IRA and a Roth IRA?
- Which one is better for my circumstances?
- How much can I contribute?
- Can I earn too much money to qualify for a tax deduction?
- What if I contribute to a 401K at work? Am I still eligible?
- What if my wife doesn't work...can she contribute to an IRA?

There are many rules you don't want to run afoul of when it comes to contributing to an IRA and making the right determination about its tax deductibility.

As your Knights of Columbus field agent, I can help. Our annuities can be used as a Traditional IRA or a Roth IRA. A traditional one may help you save money on your taxes and the Roth has some amazing tax advantages, too. Our annuities pay a competitive interest rate, consistent with our primary goal of absolute safety of principal. They all include a guaranteed interest rate, so you never have to worry. One of the best features of an annuity is that it is designed to provide retirement income you cannot outlive—guaranteed! You can open a retirement annuity for as little as \$300.

So here are some facts about our annuities: Low contribution to get started; guaranteed lifetime interest rate; an even higher competitive rate being paid now; tax advantages whether or not an IRA; absolute safety of principal; an income you cannot outlive...all from the Knights of Columbus—How does that sound?

I'd be happy to meet with you in your home and at your convenience to explain the advantages of a Knights of Columbus annuity—and our other products: our highly rated life insurance, long-term care insurance and our disability income insurance. Call me and let's get together!

Fraternally,
Mike





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Life Insurance • Long-Term Care Insurance
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Upcoming Events!

April		May	
4/2/2019	General Meeting	5/7/2019	General Meeting
4/5/2019	Fish Fry - Social Hall @5:00pm	5/12/2019	Mother's Day Breakfast
4/12/2019	Fish Fry - Social Hall @5:00pm	5/17/2019-5/19/2019	State Convention
4/16/2019	Planning Meeting/1st Degree	5/18/2019	Nativity House
4/20/2019	Nativity House	5/21/2019	Planning Meeting/1st Degree
4/21/2019	Easter		

Please Read and Respond

Printing and Postage are very expensive. This publication can be viewed on our website with full fidelity anytime. If you are willing to help us keep costs down, please email CandC@kofc7528.org if you are willing to receive a copy electronically and NOT via USPS. Thanks, Tim Philomeno, Editor.

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