

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



FEBRUARY 2019

Rick Lowman, Grand Knight

Tim Philomeno, FSS—Editor

From The Grand Knight

St. Joseph Council Mid Year Review

Worthy Brothers All,

Our fraternal year is moving along so fast, hard to believe but we are now at the half way point of our calendar. I thought it would be a good idea to stop for a moment, and take a big picture look at the first half of our year, and also highlight what is coming up for the second half.

We had our officers installation in early July 2018, promptly followed by our hosting approximately 50 veterans and their families to a Rainiers baseball game. We followed this up with a visit to the dedication of the Greg Vicars Reading Room at Audiobook Ministries, built a new fence for Cindy Vicars, widow of Greg Vicars, participated in the parish Ministry Fair, cooked a hot dog BBQ for 300 people at the Grapevine/Edge Kickoff, and all this is only



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Recruiting Corner

Starting the Conversation

So how do we get past our fear of the "NO" and start the conversation. It's actually quite simple. You start with potential candidates in your sphere of influence, your friends and acquaintances. These are the people you have already established a relationship with and are most comfortable engaging in dialogue. With these individuals their guard is down and your invitation to join seems natural and the majority of time they are open to the invite.

Your approach can be an easy dialogue such as, "Say John are you a Knight?" They may respond, "No I'm not." Your response can be "Really, why not, you're the kind of man we are looking for." You just keep the conversation simple and easy. Remember these individuals know and trust you. For those outside your sphere of influence, don't be in a hurry to recruit them. These individuals are better served being brought through a process. As I stated last month when someone says NO, we are not to take it personally. Because in reality they are saying no to themselves.



Chancellor

On Martin Luther King's birthday, I always think of my mother. She was born, raised and lived in a blue-collar world, existing from paycheck to paycheck. As a mother, it seems that her life revolved around her six children, who were single-minded in their determination to commit mayhem and fratricide. In an attempt to retain some sanity, she decided to teach herself to paint. There was no money for expensive oils and canvas, so she sold portraits of dead pets to grieving rich people to fund her hobby. She did portraits, landscapes, and sundry.

Why do I think of her in reference to MLK? At the King Center in Atlanta, Georgia, there is a bookcase filled with the collected works of Gandhi, donated by India. Above the bookcase is a painting of King's funeral cortege, done by my mother.

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through September. Then we helped assist the St. Vincent de Paul Society by handing out and later collecting bags for their food drive, held the Tootsie Roll Drive at Fred Meyer to benefit Birth to Three and Special Olympics, participated in Emergency Response Training for the parish, took part in the Veterans Day Parade in Auburn, hosted our Knights for Military Breakfast, held a church wide membership drive, collected Christmas stockings for Wounded Warriors, assembled and delivered Thanksgiving baskets, and we help serve breakfast at Nativity House in Tacoma every month. We also purchased and delivered 228 winter coats to Federal Way school children who did not have coats, assembled and delivered Christmas baskets to 120 local families, set up and later took down the Christmas tree and Nativity scene in the church, hosted three Coffee and Donuts fellowship events for the parish, participated in two blood drives, and led two parish Rosaries. Of critical importance to the health of our council, we also admitted 8 new Brother Knights to St. Joseph Council.

As I write this we are preparing for our biggest event and biggest fund raiser of the year, our Annual Crab Feed. Some 150 Brother Knights, wives and young people will come together to serve over 500 people at the Crab Feed to help support our various causes. In several weeks we will hold our Second Dinner to Support Seminarians in order to raise money for the 5 seminarians we help. Starting March 8 will be the first of our 6 Fish Frys during Lent, followed by our third parish Rosary, the Culture of Life Dinner and our Mothers Day Breakfast.

It takes tremendous time and work to successfully do so much. I want to personally thank the 300 Brothers of St. Joseph Council, their wives and families, and the young adults who have volunteered so much to make all this happen. Peace in Christ. Vivat Jesus! Rick Lowman, Grand Knight

Insurance Benefits

Happy New Year! It's that well known time of year when we make resolutions. Have you made any yet? Maybe the more realistic question is, "Have you already broken some of them yet?"

Here are 10 popular New Year's resolutions:

1. Get in shape
2. Stop procrastinating
3. Improve my prayer life
4. Improve on a skill or develop a new hobby
5. Be more thankful
6. Spend more time with the people that matter most
7. Reduce my stress
8. Read more
9. Spend my money wisely
10. Review your financial health



Knights of Columbus
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Michael Rutland FICF
Field Agent
206-419-8120
michael.rutland@kofc.org

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Now this last resolution I can definitely help you keep: Resolve to meet with me this year to update your Family Service Record and see where you stand. Your financial health is critical to your family's future security. As your field agent I have so much more responsibility than a simple financial advisor or stock broker. We'll take a look at your dreams, goals and aspirations and make sure you're on track to make them become a reality.

February Birthdays and Anniversaries!

Members		Wives	
1st	Thomas Orr	2nd	Barbara Skoda
3rd	Steven Drake	3rd	Tracey Rockwell
3rd	John McMahon	6th	Diana Hauge
3rd	Charles Nelson	20th	Derra Larson
4th	Stanley S pencer	20th	Pamela Bianchi
6th	Richard Coe	20th	Christine Zink
7th	Randall Jarrell	20th	Linda Weigel
8th	Nathaniel Markwith	22th	Ryong Oliveto
8th	Gilbert Gruber	23th	Gabrielle Wright
9th	James Clevenger	24th	Beth Philomeno
16th	Robert Hitchcock		
17th	George Rutland	Anniversaries	
18th	Richard Schumacher	4th	Stanley and Barbara Spencer
21th	Timothy McClain	5th	Theodore and Denise Gimlin
23th	Raleigh Wolleat	6th	Derrick and Shannon Foeller
25th	James Lezcano	14th	Robert and Sheri Bowell
25th	Darius Calugay	15th	Leo and Lydia Satriawan
26th	James Yantzer	16th	Bruce and Jove Hyde
		20th	Derrick and Kelli Sanders
		23th	Michael and Cindy Mansanarez
		25th	Jonathan and Amy D Angelo

Don't see your Birthday or Anniversary? Send the dates to our FS, Vince Mansanarez fs@kofc7528.org, he will update our database and next time, you will be included.

Good of The Order

Listed are all of the those Brother Knights or family members who are Sick or in Distress.
 Dean Smith, Gary Mesick, Jim Roten, Matt Siverly, Joe Penwell, Mike Fay, Jerry Koch and wife Kathy, Joey Romero, Deacon Jerry Graddon, Jim Yokum, Joe Martinez, Tony Robinson, Peggy Horner wife of Ralph Horner, Joe Jarrell father of Randall Jarrell, Dennis Tavares father of Matt Tavares, Bernice (Bunny) Nelson widow of PFN Roy Nelson, Joi Holter wife of John Holter
 Pray for our soldiers and first responders (Police & Fire) as they perform their duties protecting us.
 Pray for the Church to heal all wrong doing and lead us to follow Christ's way.
 Pray for an end to abortion and the killing of the unborn.

Meeting Raffle	Nativity House!
Brother Knights, Each meeting, we draw a member's name for a chance to win the Meeting Raffle. We start the year with \$25.00 and add \$5.00 each month that there is no winner. <u>You MUST be present to win.</u> The winner for January was Joshua Markwith . Joshua was NOT present, the winnings will be carried over to January. Jim Roten	Brother Knights, Come help feed the homeless Saturday February 16th! Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need! Contact Ted Colby at nhb@kofc7528.org for any additional information.

2018-2019 Council Leadership

TITLE	NAME	EMAIL ALIAS	Phone #
Chaplain	Deacon Jerry Graddon	chaplain@kofc7528.org	253-839-8733
Grand Knight	Rick Lowman	gk@kofc7528.org	253-951-3575
Deputy Grand Knight	Garnett Beadle	dgk@kofc7528.org	253-266-7950
Chancellor	Paul Savino	chancellor@kofc7528.org	253-517-5898
Warden	Jim Roten	warden@kofc7528.org	253-941-6915
Recorder	Anthony Mwenda	recorder@kofc7528.org	253-838-1341
Treasurer	Gary Mesick	treasurer@kofc7528.org	253-839-9545
Financial Secretary	Vince Mansanarez	fs@kofc7528.org	253-973-2842
Lecturer	Bill Shell	lecturer@kofc7528.org	253-236-4456
Advocate	Tony Robinson	advocate@kofc7528.org	206-673-7287
Inside Guard	Joe Krick	ig@kofc7528.org	253-495-4860
Outside Guard	Bob Butzerin	og@kofc7528.org	253-498-6745
Trustee for 1 Year	Mike Fay	trustee1@kofc7528.org	206-697-8252
Trustee for 2 Years	Randall Jarrell	trustee2@kofc7528.org	
Trustee for 3 Years	Don Miller	trustee3@kofc7528.org	253-839-4619
Program Chairman	Paul Savino	program@kofc7528.org	253-517-5898
Membership Chairman	Joe Penwell	membership@kofc7528.org	253-941-6339
Retention Chairman	Mike Hemmer	retention@kofc7528.org	253-517-3041
Life Director	Bill Shell	lfe@kofc7528.org	253-236-4456
Community Director	Ralph Osman	community@kofc7528.org	253-735-6035
Family Director	Joey Romero	family@kofc7528.org	253-835-7603
Faith Director	Bill Shell	faith@kofc7528.org	253-236-4456
Insurance Agent	Mike Rutland	agent@kofc7528.org	206-419-8120
Good of the Order	Tony Robinson	goodoftheorder@kofc7528.org	253-874-1370
Cross & Compass Editor	Tim Philomeno	candc@kofc7528.org	206-391-8008
Webmaster	Randall Jarrell	webmaster@kofc7528.org	253-946-7718

December Knight of the Month and Family of the Month

Knight of the Month: Mike Rutland was honored at our January meeting as Knight of the Month for December, 2018. Mike had been a long time member of our council, but around 2 years ago transferred to a council in Issaquah when he became a Field Agent serving the Issaquah/Sammamish area. With the retirement of Ron Scholz, Mike has now become the Field Agent for the Federal Way area. Mike has transferred back to Council #7528 along with his two sons Mike Jr. and George. Mike has been a Knight for over 30 years and is a Past Grand Knight and Past Faithful Navigator. He is already making a big impact in our council again, helping with recruitment and membership, and writes 2 articles every month for Cross and Compass. Interestingly when I presented Mike with his award, he said in all his years as a Brother Knight, he has never been awarded Knight of the Month. Wow, that was long overdue, congratulations Mike.

Family of the Month: Darius Calugay and wife Jennet are our Family of the Month. Darius was admitted as a Knight to our council in July, 2018 and already Darius and Jennet have become very active in council events. At one of our events where our council hosted Coffee and Donuts for the parish, Darius and Jennet did a wonderful job serving after the 9:00 Mass. He asked if anyone was planning to help me after the 11:00 Mass and I said I didn't think so. They waited with me until the 11:00 Mass concluded, then again helped me serve and then cleanup the South Narthex and kitchen afterward. Darius also sponsored his son Dustin and Dustin's friend Marvin Torres as new 1st Degree Knights. Congratulations to the Calugay family, we look forward to your increasing involvement with St. Joseph Council.

Next Business Meeting!

Brother Knights,

Just a friendly reminder. We will be having our next general meeting Tuesday, February 5th. Come down and see the fun we have in store.

Vivat Jesus!, Rick Lowman, Grand Knight

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We are all blessed with many talents, some obvious, and some yet undiscovered. Do something useful for another person. The useful thing might turn out well enough that you can become famous for doing useful things, no matter how small or seemingly trivial they may be.

Lecturer—Bill Shell

Did you make some New Year Resolutions? Did you already break them? Per a Wikipedia article: A New Year's resolution is a tradition, most common in the [Western Hemisphere](#) but also found in the [Eastern Hemisphere](#), in which a person resolves to change an undesired trait or behavior, to accomplish a personal goal or otherwise improve their life.



[Babylonians](#) made promises to their gods at the start of each year that they would return borrowed objects and pay their debts. The [Romans](#) began each year by making promises to the god [Janus](#), for whom the month of January is named. In the [Medieval era](#), the [knights](#) took the "[peacock vow](#)" at the end of the [Christmas season](#) each year to re-affirm their commitment to [chivalry](#).

At New Years' Eve [watchnight services](#), many [Christians](#) prepare for the year ahead by praying and making these resolutions. This tradition has many other religious parallels. During Judaism's New Year, [Rosh Hashanah](#), through the [High Holidays](#) and culminating in [Yom Kippur](#) (the Day of Atonement), one is to reflect upon one's wrongdoings over the year and both seek and offer forgiveness. People can act similarly during the [Christian](#) liturgical season of [Lent](#), although the motive behind this holiday is more of sacrifice than of responsibility. In fact, the [Methodist](#) practice of New Year's resolutions came, in part, from the Lenten sacrifices. The concept, regardless of creed, is to reflect upon [self-improvement](#) annually.



At the end of the [Great Depression](#), about a quarter of American adults formed New Year's resolutions. At the start of the 21st century, about 40% did. In fact, according to the [American Medical Association](#), approximately 40% to 50% of Americans participated in the New Year's resolution tradition from the 1995 Epcot and 1985 Gallop Polls. A study found 46% of participants who made common New Year's resolutions (e.g. weight loss, exercise programs, quitting smoking) were likely to succeed, over ten times as among those deciding to make life changes at other times of the year.

In a poll 35% of participants who failed their New Year's Resolutions admitted they had unrealistic goals, 33% of participants didn't keep track of their progress and a further 23% forgot about it. About one in 10 respondents claimed they made too many resolutions.

A 2007 study by [Richard Wiseman](#) from the [University of Bristol](#) involving 3,000 people showed that 88% of those who set New Year resolutions fail, despite the fact that 52% of the study's participants were confident of success at the beginning.

What should we members of council 7528 resolve in the new year? I think the words of KofC state chaplain Fr. Kenneth St. Hilaire says it all, "As we begin the new year, then, I urge each of you, brother Knights, to renew your resolve to strengthen our Order, especially at the council level. Don't be afraid to make resolutions - even bold ones! - and ask God for the grace to carry them through." You can help us achieve these goals by actively participating in the life of the council.

Help Wanted

This is early but I am recruiting as many knights as possible to help with our Fri. fish breeding this coming lent. We currently try to have at least 3 volunteers helping from 1:30 PM till done (around 3PM) We will have a schedule for each week & make any accommodations needed for any new member of our crews. This is a great way to help with our weekly fish fry & get to know many of our present Knights. If interested please contact me at: 253 735 6035 or Rhusky1@gmail.com

Looking forward to another great weekly fish fry during lent.

PS we do have a GREAT time working (if that's what you want to call it). Ralph Osman



Save The Date

You never know what can happen at a baseball game at any level. One warm summer night, I decided to go to a Tacoma baseball game and witnessed an unknown pitcher in the LA Dodgers system set a PCL record by striking out 19 batters in one game. This pitcher went on to the majors and became one of the main pitchers for the Dodgers for many years. His name was Bert Hutten. It was something that I have always remembered and has endured me to baseball.

This year this counsel will have a Knight's night @ the ballgame with the Wounded Warriors at the Tacoma rainier game on Sat. Aug. 3rd. This will be a great family affair for everyone.

Signups & ticket information will be coming out at a later date.

Upcoming Events!

February		March	
2/5/2019	General Meeting	3/5/2019	General Meeting
2/9/2019	Breakfast—Marriage Renewal	3/8/2019	Fish Fry - Social Hall @5:00pm
2/16/2019	Dinner for Seminarian Support	3/15/2019	Fish Fry - Social Hall @5:00pm
2/16/2019	Nativity House	3/19/2019	Planning Meeting/1st Degree
2/19/2019	Planning Meeting/1st Degree	3/22/2019	Fish Fry - Social Hall @5:00pm
		3/29/2019	Fish Fry - Social Hall @5:00pm

Please Read and Respond

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Knights of Columbus
 PO Box 4097
 Federal Way, WA 98063
ADDRESS SERVICE REQUESTED

One Member