

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



Garnett Beadle, Grand Knight

Tim Philomeno, FFS—Editor

From The Grand Knight

Welcome to the beginning of a new fraternal year. I am both grateful and humbled to serve as your Grand Knight. Thank you for electing me to this position. I am grateful to serve in one of the largest and best run councils in the state of Washington. Our charity work for the church, community, and council is the greatest sign of our commitment to helping others. As you know, in giving we receive back so much more. In the coming year, I look forward to working with everyone on our service projects and fundraisers that support our St. Vincent de Paul church and the larger community.



With the summer just about over, we officially start another fraternal year with a Council meeting on Tuesday, September 3rd, Rosary at 7:00 pm and General meeting will start at 7:30 pm, I will bring money for the barrel for the mistakes I will make. A lot of work and planning was completed during the

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Lecturer

This is the final article in a series concerning what it means to be "a Catholic man" as a Knight of Columbus based on "MANUAL for MEN" by Thomas J. Olmsted, Bishop of the Diocese of Phoenix. I have pointed out the challenge that we as members of the Body of Christ face in the world today. And last month described the three proper contexts for which we position ourselves so that we can identify specifically what we as Catholic men and especially as Knights to authenticate ourselves as Catholic men, which is the subject of this column.



To understand what it means to be a man, we need look no further than "the Word made flesh, Jesus of Nazareth—who at once is fully God and fully man, and the perfection of masculinity. Every moment of His life on earth is a revelation of the mystery of what it means to be man—that is, to be fully human and also, the model of masculinity". His sacrifice teaches each Catholic man to prepare himself to likewise sacrifice himself to defend women, children and the vulnerable. What the secular world holds up as models of masculinity are "counterfeits of masculinity", whether they be athletes or other celebrities. Therefore brother Knights look to Jesus "to be transformed in Him, to be the men we are called to be, and to let others see Him in us". However we need not just look at Jesus. Real world examples exist in the saints who strived to live like Christ. Bishop

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[Follow Isaiah Morales on his journey...](#)

Day 1: I made a GREAT decision

I was filled with emotions as I woke up to my alarm this morning: excitement, nervousness, among others. What lay ahead of me was unknown, but it was gonna be special. I packed my bags in the car, and headed to the airport. I gave my last hugs to my brothers and parents, hoping to not tear up at the airport (spoiler, I failed). Once I crossed through security, I felt refreshed, renewed, and ready to go. It couldn't have been done without the help of my friends, as throughout the morning I got the best goodbye texts, shout out to everyone who did, you made my flight all the better.

When I arrived, it felt as if I never left with all the green surrounding the Minneapolis skyline. I picked up my luggage from baggage claim, and found the NET kiosk. I was the last group of missionaries to arrive, and immediately I made new friends: Chris from Maryland, Haley from Houston, and Santiago from Phoenix, all who just graduated high school, were waiting for the van pickup because my first Minnesota friends, and we stuck together the whole day. When I arrived to the NET center (around 5pm), I was filled with joy. All my work the past few months has led up to this, and I was ready to meet my fellow missionaries.

We played music freestyle with Jakob and Ellie, both with amazing musical talent, and several games that I enjoyed with new people, and ended with the best praise and worship session ever. It was

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Olmsted offers ten saints and the associated virtue and opposing sin with which each is identified whom Catholic men should become familiar. •St. Joseph (Trust in God – selfishness) •St. John the Baptist (Humility – arrogance) •St. Paul (Adherence to Truth – mediocrity) •St. Michael the Archangel (Obedience to God – licentiousness and rebelliousness) •St. Benedict (Prayer and Devotion to God – sloth) •St. Francis of Assisi (Happiness – moralism) •St. Thomas More (Integrity – double-mindedness) •Blessed Pier Giorgio Frassati (Chastity – lust) •St. Josemaría Escrivá (Boldness – worldly fear) •Pope St. John Paul II (Defending the Weak – passivity).

Before we can fight the battles of the secular world we must first fight the battles within ourselves. St. John speaks of the three-fold temptation faced by all of us: temptations to the passions of the flesh, to possessiveness, and to pride (1 Jn 2:16–17). These are the three temptations that Jesus experienced in His encounter with the devil in the desert. However, Jesus instructed us how to deal with these temptations in His Sermon on the Mount. When tempted by Satan to break his fast, Jesus maintained His fast teaching us that "Fasting is training in self-knowledge". If we do not have dominion over our passions (food, sex, etc.), we cannot put the interests of others before our own. When Satan offered possessiveness of all the kingdoms of the world, Christ showed that we cannot place material possessions ahead at the cost of our souls. And when tempted by pride Christ "chose the path of humility". He turned to prayer to His Father demonstrating how we must humbly depend on God for our salvation. It is in the battle which we fight within ourselves that we become holy. The struggle means that we are living our faith as "men fully alive".

So how do we arm ourselves for his battle. Following are practices each of us should commit to so that as Knights of Columbus we are prepared to lead the charge against the immorality of the secular world and bring about our obligation to bring His Kingdom on earth.

Daily: 1. Pray every day when you arise and at meals; 2. Examine your conscience and say an Act of Contrition before going to sleep; 3. Go to mass even if some other event attracts you; 4. Read the Bible or read the daily mass readings; 5. Keep the Sabbath by dedicating Sunday as a day to rest especially if you have family devote the day to being with them.

Monthly: 1. Go to Confession. Open your soul to the gift of our Lord's mercy; 2. Build fraternity with other brother knights. Iron sharpens iron and one man sharpens another (Prv 27:17).

This has been only a brief set of excerpts from Bishop Olmsted's book. My articles certainly do not do justice to his work for there is much richness that I left out. That being said I hope you will take the challenge seriously. All of us can see that all around us the values that we profess are being trampled upon. Evil is indeed at work in the world. If we do not "step into the breach" as Knights of Columbus, who will? We must lead!

Vivat Jesus, Bill Shell, Lecturer

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summer months that will give us a jump start into the fall. On July 1st, our council year started and soon after on July 19th – 21st Paul & Maryann Savino, Tim Philomeno, Anthony & Jerimah Mwenda, Joe Krick, and I traveled over to Pasco, WA for summer training provided by the WA State K of C officers. Our council leadership learned a lot and came back eager to book our events in order to set the ground work for a great year.

We had our annual Summer Knights transitional meeting, a thank you to PGK Don Miller for hosting. I also met numerous times with our Financial Secretary Brother Joe Krick and Treasurer Tony Robinson and a host of previous Grand Knights to go over the plans for the upcoming year and to finalize our Council's budget. Yes, we do have a budget that will help guide us making financial decisions that will allow us to make differences within our community and support our fraternal mission of charity.

Things to look forward to is the Fall Festival on Sept 14th, Crab Feed Tickets sales start and the SVDP Food Drive. I look forward to seeing everybody soon. Enjoy your Labor Day weekend.

Vivat Jesus!

Garnett Beadle GK

(Continued from page 1) (Isaiah)

short, but the amount of power in the room filled with 200 missionaries and staff members was astounding, and I took it all in. Tonight before bed, we will start our nightly rosary, and prepare for mass with a bishop and pictures.

In only a few short hours, I have found a new home, and it only brings me more excitement to be a part of something so special. I will update you guys on Saturday before I leave for Camp Wapo for two weeks without my phone. If you have any questions ask me in the comments below. Love you all!!! Isaiah

September Birthdays and Anniversaries!

Members		Wives	
2nd	Michael Kragten	6th	Sarah Moore
2nd	Dylan Frombach	7th	Betsy Robinson
3rd	James Lewis	21th	Dail Anderson
5th	Andy Dena	24th	Amy McGuire
5th	Patrick Ndungu	30th	Bridget Orlosky
7th	Robert Knutson		
9th	Zachary Markwith	Anniversaries	
10th	Sialevani Vakauta	1st	Randall and Louise Haydon
11th	Steven Noakes	5th	Victor and Marcia Ducusin
12th	William Thomas	5th	Richard and Laurel Schumacher
13th	Mark Miloscia	7th	Craig and Anna Patrick
13th	Victor Ducusin	9th	David and Shirley McArdle
15th	Raymond Garcia	13th	J Robert and Sunee Ward
15th	Marvin Torres	13th	Joseph and Marjorie Martinez
16th	Michael Mansanarez	13th	Mike and Chelley Marvin
17th	Sean Kimmel	14th	Rj and Kim Sanchez
18th	Jose Vaquero	15th	Samuel and Kati Schroeder
20th	Douglas Strauss	17th	James and Rita Yokum
23th	Ralph Osman	19th	Jack and Patty Winch
25th	James Stiles	21th	Joseph and Sharon Conner
28th	John Holter	23th	James and Mary Miles
30th	Nathaniel Carasa	23th	Thomas and Jenny Rossetto
30th	Kenneth Baune	24th	Robert and Judy Gonzalez

Don't see your Birthday or Anniversary? Send the dates to our FS, Joe Krick fs@kofc7528.org, he will update our database and next time, you will be included.

Good of The Order

Listed are all of the those Brother Knights or family members who are Sick or in Distress.

- Pete Anderson, Sharon Beadle wife of GK
- Peggy Horner, wife of Ralph Horner
- Joe Jarrell, father of Randall Jarrell
- Jerry Koch and wife Kathy, Joe Martinez
- Joe Penwell, Jim Roten, Dean Smith
- Boyd Wilton, Jim Yokum

Pray for our soldiers and first responders (Police and Fire) as they perform their duties protecting us.

Pray for the Church, Priests and religious to follow Christ's way and through the Holy Spirit bring us His true word and when we hear it keep it in our daily lives.

Pray for an end to abortion and the killing of the unborn.

Nativity House!

Come help feed the homeless Saturday Sept 21st. Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need!

Contact Ted Colby at nhb@kofc7528.org for any additional information.

Insurance Benefits

September is Life Insurance Awareness Month. It's the one month each year that the life insurance industry coordinates a campaign aimed at educating folks about the importance of life insurance and helping them get the coverage they need. I don't want to bore you with lots of statistics, but a recent survey from LIMRA (Life Insurance Marketing Research Association) found that only 59% of Americans own life insurance and about half of those are underinsured. (Although this report didn't say it, I've got to think these percentages are pretty much the same in Canada.) So that means that 70% of the population either has no life insurance or has too little life insurance.

So what does that have to do with the Knights? The historian, Christopher Kauffman, spent several years at the Supreme Office and at the Museum, researching the book that he wrote on the 100th anniversary of our founding. That book, Faith and Fraternalism, notes on page 13, "...he [Fr. McGivney] was deeply interested in pursuing the topic of a Catholic fraternal insurance society among groups of Catholic laymen of New Haven." Then on page 35 Mr. Kauffman goes on, "...he [Fr. McGivney again] spent his energy in promoting the insurance feature...his emphasis on business was his pastoral concern for the social and financial security of the family."

Fr. McGivney lived both the social and the financial insecurity of a desperate family, with the breadwinner suddenly taken, that had to be supported. He left the seminary to work and support his mother and siblings. He didn't want other Catholic families to find themselves in such a predicament. That, and uniting men of faith, was the impetus for establishing our Order. Everyone who joined in those first years was insured; that was part and parcel of being in the organization. Now every member has a choice and every member should know what we do, and how we do it. Here's the process I use when I meet with families:

1. Discover – Identify & prioritize your financial goals
2. Gather Data – Collect facts & figures based on your current situation
3. Analyze – Input data, run calculations, identify shortfalls
4. Recommend – Propose a financial strategy designed to satisfy your goals
5. Implement – Choose a financial strategy and implement
6. Periodic Review – Review regularly, measure success, make adjustments

As you can tell, this is a painless process. But it can help any family, at any age, determine if they have blind spots in their coverage. It can help you avoid the pain of being underinsured. With a variety of life insurance products we offer we can help just about any person within any budget.

I don't know about you, but I don't want to buy life insurance...I want to buy what life insurance provides: no change in lifestyle for the survivors...in the house where they want to be. It'll pay for a daughter's wedding, a child's college education and much more. What does life insurance provide? Peace of mind, security, freedom from anxiety, a safeguard from the unknown.

That's where I can help.

Vivat Jesus!



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2019-2020 Council Leadership

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Summer Knights of the Month and Families of the Month

The Knight of the Month for July is Joey Romero

The Knight of the Month for August is Mark Czaplewski

The Family of the Month for July is Shirley and Mike Hemmer

The Family of the Month for August is Joey and Eleanor Romero

Thanks to these Knights and their families for their outstanding efforts in our council and community.

Upcoming Events!

September		October	
9/3/2019	General Meeting, 7:00pm Narthex	10/1/2019	General Meeting, 7:00pm Narthex
9/14/2019	STdP Parish Fall Festival	10/5/2019	Dinner Supporting Seminarians (RSVP)
9/17/2019	Planning Meeting/1st Degree, Room A	10/12/2019	Christmas Stocking Collection for WW
9/21/2019	Nativity House	10/15/2019	Planning Meeting/1st Degree, Room A
9/21/2019	Crab Feed Tickets go on Sale	10/19/2019	Nativity House
9/29/2019	SVdP Food Drive		

Please Read and Respond

Printing and Postage are very expensive. This publication can be viewed on our website with full fidelity anytime. If you really want it mailed via USPS then email CandC@kofc7528.org.

Thanks, Tim Philomeno, Editor.

Knights of Columbus

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