

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



Bob Butzrin, Grand Knight

Tim Philomeno, FFS—Editor

From The Grand Knight

For many years Council leadership has been plagued by the problem of inactive members, and or non-dues paying members. We pay Per Capita on them but get no help, receive no dues, and spend time trying to track them down. It has been very difficult to get them cleared off our roster which was a financial and administrative frustration for every Grand Knight I have ever spoken to. This was a common issue nationwide and Supreme was aware.



Supreme rolled out a trial Affiliate Member Program initiative which gives us an opportunity to clean up our rolls for the first time in a major way. It does not effect Life or Honorary members, and apparently also does not effect Insured members. Only those that we have not seen around, active or not, and are not paying dues for years are designated as Affiliate members.

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From David's Desk

nice to have good friends

The other day I was talking to a friend of mine about the importance of having good strong reliable friends that you can count on. He surely agreed and then went on to talk about the difference between friends that are close and then those that are not as close but how they all bring certain gifts to their friendship. I told him how much I appreciated the conversation and thought I'd share my thoughts on the subject with you.

Wouldn't you agree that good, strong friendships can make our lives immeasurably richer?

Think about it, good friends are rare. We have thousands of acquaintances, many associates, but few real friends. Real friends are those we freely select, and for this reason they play a special part in our lives. They provide us with joy, comfort and caring. And because our time with them is limited to relatively short periods together, friendships give

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From your Financial Secretary

Thank You!

I want to thank all the members that have paid their 2022 dues along with a voluntary contribution to Pennies for Heaven.

A Second Notice letter was mailed Jan 14, 2022, to all the members that had not paid dues by that date. To those members I ask that you be aware of the mailing and to submit your payment to the council P.O. Box noted on the notice letter.

Fraternally,

Mike Fay, FS



(Continued from page 1) David

us a breather from the intensity of our full-time, primary relationships.

When we have made a good friend, we have shared our deepest thoughts and feelings, and we have also developed shared respect and affection. These things can last a lifetime, surviving great distances in time and space. But, like your primary relationships, good friendships are not merely for comfort and support. They are vital threads that keep us connected to the world.

They lead us gently into new areas of growth by helping us see our problems and ourselves from another perspective, and good friends are always there, challenging us when they see us moving in harmful directions. It's important to remember, though, that friendships, like any relationship, need attention and nurturing if they are to remain strong and healthy.

There are six magic words that make friendships happen. And it doesn't matter whether the friendships are online or face-to-face. These six words are:

"What can I do for you?"

Yes, they are magic words. Because they not only touch the heart of others, they also transform our own heart. We begin to let go of an ego-centric view of the world where the main words are I, me, and mine. Instead, we start to appreciate the needs, wants, and hopes of others.

Can you think of someone right away who would benefit from the six magic words? How are your friendships doing? Are you going the extra mile to make sure your friends know how important they are to you? We have been experiencing one of the most devastating events in our lifetime. This horrible pandemic has caused so much in separation, sadness, sickness, divisive attitudes and the lose of loved ones. We have been separated from our church community and feel isolated for fear of contracting the virus. Hopefully we will beat this...find solutions and heal our broken hearts and find joy in getting together again. Those six words can be simple phone calls to folks you've thought of and haven't seen. Let's reach out and let them know we value and miss them. It would mean the world to many. Remember, it's in your hands. David Myers PGK

PS We scheduled the Crab Feed for Feb 19, 2022. I was fortunate to sell out the church social hall. Reluctantly we have cancelled due to the governor's mandate and the archdiocese policy because of it. Disappointing yes. Let's goal set for next year.

(Continued from page 1) Grand Knight

Affiliate members remain Knights of Columbus, can still participate and can rejoin a Council whenever they want. They cannot vote until they join a Council and belong to the State organization officially. We are not charged a per Capita for them. Of course, we would like them to rejoin our Council when able.

I would like to thank all of the Knights who worked to make this achievement possible. Our Financial team, the Retention Committee, and the Council Leadership team. This is a historic moment for the Council. Financial Secretary Mike Fay was the driving force behind this success. District Deputy Don Hall was instrumental in advancing our list to the State.

This may seem to you to be administrative minutia but it will have a huge impact on our operations going forward, saving hundreds of dollars and countless hours every year.

The prohibition on all food events has killed the crab feed for us for a second year in a row. We are unable to attempt at least the first few Lenten Fish fries, and hope is low this year for any. But we have had a successful Coats for Kids drive and support for Veterans at Christmas. We have raised funds through Christmas greenery sales, Brown Bear care wash ticket sales and Council dues of course.

We had hoped to get permission for the Crab Feed and had even sold out tickets. So know that one, interest within the Parish is very high for this event, and two, the Knights who organize the event have absolutely not lost their touch! It will happen. It was as great an effort as I could possibly have asked for and I am very sorry we could not continue this year.

Looking forward, our primary fund-raising event will be a second annual auction. This was held in May last year, and due to a lot of great work was very successful. We will be discussing the effort for 2022 at our General meeting on Tuesday, January 1st. Paul Savino and other leaders of last year's event will present basic of the plan to membership as we prepare to do it again.

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Laughter is The Best Medicine

I ran across this story and thought it would be important to share with all of you. You know, sometimes we take things too seriously. Hopefully this will help us "lighten up" a little. Enjoy.

Many years ago, Norman Cousins was diagnosed as "terminally ill". He was given six months to live. His chance for recovery was 1 in 500.

He could see the worry, depression and anger in his life contributed to, and perhaps helped cause, his disease. He wondered, "If illness can be caused by negativity, can wellness be created by positivity?"

He decided to make an experiment of himself. Laughter was one of the most positive activities he knew. He rented all the funny movies he could find – Keaton, Chaplin, Fields, the Marx Brothers. (This was before VCRs, so he had to rent the actual films.) He read funny stories. He asked his friends to call him whenever they said, heard or did something funny.

His pain was so great he could not sleep. Laughing for 10 solid minutes, he found, relieved the pain for several hours so he could sleep.

He fully recovered from his illness and lived another 20 happy, healthy and productive years. (His journey is detailed in his book, *Anatomy of an Illness*.) He credits visualization, the love of his family and friends, and laughter for his recovery.

Some people think laughter is a waste of time. It is a luxury, they say, a frivolity, something to indulge in only every so often.

Nothing could be further from the truth. Laughter is essential to our equilibrium, to our well-being, to our aliveness. If we're not well, laughter helps us get well; if we are well, laughter helps us stay that way.

Since Cousins' ground-breaking subjective work, scientific studies have shown that laughter has a curative effect on the body, the mind and the emotions.

So, if you like laughter, consider it sound medical advice to indulge in it as often as you can. If you don't like laughter, then take your medicine – laugh anyway.

Use whatever makes you laugh – movies, sitcoms, Monty Python, records, books, New Yorker cartoons, jokes, friends.

Give yourself permission to laugh – long and loud and out loud – whenever anything strikes you as funny. The people around you may think you're strange, but sooner or later they'll join in even if they don't know what you're laughing about.

Some diseases may be contagious, but none is as contagious as the cure. . . laughter. Remember, it's in your hands. David Myers PGK

(Continued from page 2) Grand Knight

In a time of many changes and challenges there are opportunities to participate. We need you. So please come to the live meetings and or contact us. Thank you all.

Grand Knight, Robert Butzerin

Birthdays and Anniversaries for February

Member Birthdays		Wife's Birthdays	
1st	Thomas Orr	2nd	Barbara Skoda
3rd	Steven Drake	3rd	Tracey Rockwell
3rd	Charles Nelson	20th	Derra Larson
6th	Richard Coe	20th	Christine Zink
7th	Randall Jarrell	20th	Linda Weigel
8th	Chris Gruber	23th	Gabrielle Wright
8th	Nathaniel Markwith	24th	Beth Philomeno
9th	James Clevenger		
13th	Derek O Sullivan		Anniversaries
16th	Robert Hitchcock	6th	Derrick and Shannon Foeller
17th	George Rutland	14th	Robert and Sheri Howell
18th	Richard Schumacher	15th	Leo and Lydia Satriawan
25th	James Lezcano	16th	Bruce and Jove Hyde
26th	James Yantzer	23th	Michael and Cindy Mansanarez

Good of The Order

The following is a list of those Brother Knights or family members who are sick or in distress that we have been asked to pray for:

Pete Anderson, Sharon Beadle wife of Garnett Beadle, Cash Burton Great Grandson of Don Miller, Nathaniel Carasa, Margie wife of Gary Fredrickson, Bob Hitchcock, Ralph & Peggy Horner, Kathy Koch wife of Jerry Koch, Melaina Mansanarez sister-in-law of Vince Mansanarez, Romeo Mayor, Joe Martinez, Kristine Mallari wife of Ramon Mallari, Katherine Myers mother of Dave Myers, Larry and Ann Neville, Ralph Osman, Joe & Robin Penwell, Jim Roten, Mike Rutland Jr., Marianne Savino wife of Paul Savino, Dean Smith, Jackie Spicer sister of Frank Spicer, Jim Yokum

Pray for an end to this pandemic that the Holy Spirit gives us all the strength and grace to deal with the challenges and pray for the safety of first responders, Police, Fire, and all medical personnel who are on the front lines daily protecting us.

Pray for all priests and clergy that the Holy Spirit strengthen them and help them cope with all the changes as they minister to the faithful.

Pray for Our Country and leaders that the Holy Spirit descend upon us and lead us back to One Nation Under God for without Him we will not survive as a nation.

2021-2022 Council Leadership

TITLE	NAME	EMAIL ALIAS	Phone #
Chaplain	Deacon Jerry Graddon	chaplain@kofc7528.org	253-839-8733
Grand Knight	Bob Butzerin	gk@kofc7528.org	253-498-6745
Deputy Grand Knight	James Stiles	dqk@kofc7528.org	253-312-1711
Chancellor	Joey Romero	chancellor@kofc7528.org	253-835-7603
Warden	Larry Neville	warden@kofc7528.org	406-600-6903
Recorder	OPEN	recorder@kofc7528.org	
Treasurer	Tom Appleton	treasurer@kofc7528.org	253-945-1338
Financial Secretary	Mike Fay	fs@kofc7528.org	206-697-8252
Lecturer	Bill Shell	lecturer@kofc7528.org	253-236-4456
Advocate	Tony Robinson	advocate@kofc7528.org	206-673-7287
Inside Guard	Terance Toensfeldt	ig@kofc7528.org	206-429-2788
Outside Guard	Joe Mansanarez	og@kofc7528.org	
Trustee for 1 Year	Rick Lowman	trustee1@kofc7528.org	253-951-3575
Trustee for 2 Years	Garnett Beadle	trustee2@kofc7528.org	253-266-7950
Trustee for 3 Years	Paul Savino	trustee3@kofc7528.org	253-517-5898
Program Chairman	Jim Stiles	program@kofc7528.org	253-312-1711
IPGK	Paul Savino	ipgk@kofc7528.org	253-517-5898
Membership Chairman	Mike Rutland	membership@kofc7528.org	206-419-8120
Retention Chairman	Robert Butzerin	retention@kofc7528.org	206-498-6745
Life Director	Bill Shell	life@kofc7528.org	253-236-4456
Community Director	Mark Czaplewski	community@kofc7528.org	253-838-1238
Family Director	Reuben Morales	family@kofc7528.org	206-304-7348
Faith Director	Bill Shell	faith@kofc7528.org	253-236-4456
Insurance Agent	Mike Rutland	agent@kofc7528.org	206-419-8120
Good of the Order	Tony Robinson	goodoftheorder@kofc7528.org	253-874-1370
Cross & Compass Editor	Tim Philomeno	candc@kofc7528.org	206-391-8008
Webmaster	Tim Philomeno	webmaster@kofc7528.org	206-391-8008

Knight of the Month - January

David Myers

Nativity House!

Come help feed the homeless Saturday February 19th. Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need! Contact Ted Colby at nhb@kofc7528.org for any additional information.

Family of the Month - January

Michael and Maureen Fay

Pennies for Heaven

Our goal for this year, as always, is a penny a day for Vocations, \$3.65. Please support our priests!

Upcoming Events!

February

- 1st General Meeting—Narthex — Rosary @7:00pm
- 15th Planning Meeting—Narthex @ 7:00pm
- 19th Nativity House—Meet in Church parking lot @ 7:30am
- 19th Annual Charity Crab Feed (cancelled)

March

- 1st General Meeting—Narthex — Rosary @7:00pm
- 4th 1st Lenten Fish Fry (cancelled)
- 11th 2nd Lenten Fish Fry (cancelled)
- 15th Planning Meeting—Narthex @ 7:00pm
- 19th Nativity House—Meet in Church parking lot @ 7:30am

Please Read and Respond

Printing and Postage are very expensive. This publication can be viewed on our website with full fidelity anytime. If you really want it mailed via USPS then email CandC@kofc7528.org.

Thanks, Tim Philomeno, Editor.

Knights of Columbus
PO Box 4097
Federal Way, WA 98063
ADDRESS SERVICE REQUESTED

Member One