

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



Jim Stiles, Grand Knight

Tim Philomeno, FFS—Editor

From The Grand Knight

Dear Brother Knights,

Tempus fugit continues.

The winter of 2022-2023 has officially arrived. The days are the shortest of the year, and the rain, snow, ice, wind, and the increased difficulty of merely getting from here to there add a certain something to the holidays. As I write this note, the snow is melting and our family is making, and changing, last minute arrangements, Knights Council #7528, and our St. Vincent De Paul parish family has begun a new liturgical year. The Advent candles are all lit. The Christmas trees and other decorations are in place. The waiting for the celebration of the birth of Jesus Christ is almost over. Let Christmas begin!

A New Year begins so soon after Christmas. Be ready for that as well. This is a time to reflect on what Advent, Christmas, Lent and, especially, Easter, mean to you and yours. What gift are you bringing to the manger? What are you doing to make God

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From Your Lecturer

The Mystery of the Eucharist
Our Response

With the National Eucharistic Revival initiative by the US Conference of Catholic Bishops in the document titled *"The Mystery of the Eucharist in the Life of the Church"*, we are encouraged to enter into a deeper relationship with Jesus in the Blessed Eucharist. I would hope that that is a goal of all members of our council. Should not we knights be an example to all the faithful of the central nature of the Eucharist in our lives. Or do we act like so many who find a convenient excuse to avoid coming to mass and receive the precious gift that Jesus left us.

Acknowledging that we are presented with a precious gift from our Lord, we must in turn respond appropriately upon receiving this gift. Our response will reflect how we view the Eucharist. Although He does not need our thanks for, by the grace of God, the gift is freely given, we are inspired to give thanks and worship him, work our transformation into the likeness of Christ, help us to seek pardon and to receive



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FS Notes

Dear Brother Knights of St. Joseph Council #7528,

Merry Christmas and Happy New Year

January is typically a busy month for the FS. Here is a description of two primary functions occurring in January.

2023 Membership dues

The dues first notice invoices were mailed Dec 15, 2022. As of Dec 25 I had received payments from 11 members, of which several paid via Zelle. There are a few options in how to submit your payment:

Mail your check as noted on the payment coupon attached to the invoice letter.



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more directly, specifically and passionately important in your life? How will you show your family, your parish, your community... your neighbors, that they, as well as you, are made in God's image? The Knights can help to make the "narrow way" even more meaningful if you help us help others.

"Do more" is easy to say. "Do more" does not mean "do everything." "Do more" means developing and using the gifts God has given us to make of ourselves what we were meant to be. "Do more" means finding others and helping them to find their true calling, their true selves. Hopefully that means helping the Knights too. "Do more" means growing in faith, hope and charity. "Do more" means growing is your understanding of the tenets, practices, and rich history of the Roman Catholic Church. We are the current face, hands, and feet of the Church. We are the "Body of Christ." We are only the temporary stewards of that awesome role in the world. What legacy will we leave to the future? What difference will we make, can we make, if we trust in the Lord, the Church and each other?

2023 will have challenges. We will not have a Crab Feed this year. Circumstances, including the meteoric rise in the price and the uncertainty of supply of Dungeness crab made planning that an impossibility. Our weekly Lenten Fish Fry program will be back, but only if we can get enough help from Knights and others, on a regular basis, to prepare and serve each week. We will supplement our efforts with other activities, but we will need your time, talent, and treasure to make things happen.

Don't forget that our first general meeting of 2023 will be Tuesday, January 3rd, starting at 7:30PM. A Rosary, starting at 7 pm, will precede the general meeting. January activities will include serving the homeless at the Nativity House, Saturday, the 21st, as well as the monthly Life Vigil occurring on Saturday, January 7th, on S. 348th St. near the Planned Parenthood facility. We will also take down the Christmas trees. The "putting up" went well. Thanks to Mike Fay, Bill Shell, William Lie for a great job. My son Casey was also a big help. Thanks to all of you.

Please check the latest issue of the Cross and Compass, or our website for our 2023 calendar, which includes activities.

We need to help bring our parish back to the old normal, mixed with some new normal as well. This can only happen with the help of more of the nearly 200 members we have in our Council. We will reach out to you, please respond. Don't wait for us to beg, please show up whenever and wherever you can to help bring our parish family back together. They need you, and so do we.

I will sound the clarion call once again! Come to our meetings. Bring someone new to an event. Let them see what we can do to make a difference. Pray for St. Joseph to intercede on our behalf. Bring your enthusiasm, your time, your talent, and your treasure in service of others. Share yourself as a gift to others... because you are willing to answer that call.

God Bless You.

From Your Field Agent

Our new Insurance Field Agent is Stephen Fickenscher. You may reach him at stephen.fickenscher@kofc.org or by phone at 206-492-1014

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it when we fall into sin, and impel us to go forth and bear witness to Christ in the world.

Thanksgiving and Worship. Indeed, it is only natural that we give thanks to the Lord for all that he has given to us. How can I repay the Lord for all the great good done for me? I will raise the cup of salvation and call on the name of the Lord (Ps 116:12). The word "Eucharist" literally means "thanksgiving." The Second Vatican Council taught that, in order to give thanks properly in the celebration of the Mass, we should "take a full, conscious, and active part in the liturgical celebration." We actively and consciously participate by giving our full attention to the words being spoken in the prayers and the Scriptures, even if we have heard them hundreds of times before. We do so also by listening to the homily and reflecting upon how the Lord may be speaking to us through his ordained minister. We are actively giving thanks when we join in singing and in the responses; when we kneel, stand, and sit; and when we pay attention to the liturgical seasons where the entire history of what God has done for us, in and through his Son, is revealed to us.

Our gratitude is also expressed in our worship of the Blessed Sacrament outside of Mass such as taking advantage of opportunities for adoration at Exposition of the Blessed Sacrament. St. (Mother) Teresa of Calcutta reportedly once said: "When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now."

Transformation in Christ. The foundation of our personal and moral transformation is the communion with himself that Christ establishes in Baptism and deepens in the Eucharist. In the celebration of the Mass, we are shown what love truly is, and we receive grace that enables us to imitate the love that Christ shows us. St. John Paul II noted that the moral life of the Christian flows from and is nourished by "that inexhaustible source of holiness and glorification of God" that is found in the sacraments, especially the Eucharist: "by sharing in the sacrifice of the Cross, the Christian partakes of Christ's self-giving love and is equipped and committed to live this same charity in all his thoughts and deeds."

The love of Christ can permeate all of our relationships: with our families, our friends, and our neighbors, but it can also reshape the life of our society as a whole. The very solidarity or communion in Christ's self-giving love that makes the Church and makes us members of the Church orders us beyond the visible community of faith to all human beings, whom we are to love with that very same love

that forms our communion with the Lord. This is especially important in our call for solidarity with the poor. To receive in truth the Body and Blood of Christ given up for us, we must recognize Christ in the poorest. He who said: 'This is my body' is the same One who said: 'You saw me hungry and you gave me no food. As Christians, we bear the responsibility to promote the life and dignity of the human person, and to love and to protect the most vulnerable in our midst: the unborn, migrants and refugees, victims of racial injustice, the sick and the elderly.

Conversion. Christ began his public ministry by calling people to repentance and conversion: Repent, and believe in the gospel (Mk 1:15; cf. Mt 4:17). It is thus fitting that, at the beginning of every Mass, we are invited to acknowledge our sins in order to prepare ourselves to celebrate the sacred mysteries. We confess that we have sinned, and we implore the Lord's mercy. This is necessary since we are all sinners and sometimes fail to live up to our vocation as disciples of Jesus and to the promises of our Baptism. We need continually to heed Christ's call to conversion. We trust in his mercy, the mercy that we behold in his body broken for us and his blood poured out for us for the forgiveness of our sins. We are to approach the Lord with humble and contrite hearts and to say with sincerity: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed."

Our participation in the sacramental liturgy presupposes that we are in a proper state of grace worthy to receive the Body and Blood of our Lord. Thus, we need to have received Reconciliation if we deem ourselves unworthy because of our human failings. To receive the Body and Blood of Christ while in a state of mortal sin represents a contradiction. Before we receive Holy Communion, we should make a good examination of conscience to ensure that we are properly disposed to receive the Body and Blood of the Lord.

Food for the Journey. The lives of the saints show us the importance of the Eucharist on our journey as disciples of Jesus. Many testify to the power of the Eucharist in their lives. We see the fruits of Holy Communion in their lives of faith, hope, and charity. We should recognize that as Knights of Columbus reception of the Eucharist can empower us in the same way for our charitable works.

There are many people who have been attracted to the Catholic Church and entered the Church because they came to believe in the Real Presence of Christ in the Eucharist. Our first U.S. born saint, Elizabeth Ann Seton, is one of these converts. Unfortunately, it is also true that, in recent years, increasing numbers of Catholics in our country have

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Knights Call for Help

It's Hard to Get Up After a Long Winters Nap

Brothers our Council is finally awake after being asleep due to Covid, but like a long winter nap we are slow to get up and moving. During the next few months, we will be returning to our programs and fund raisers, but to do that we all need to stretch, wipe of the sleep in our eyes and get back to being Knights. We are only successful when we all pull together. We have dinners, auction, and Lenten Fish Frys on the horizon, and we need you if we are to succeed. We have lost a few of our Brothers due to moves and passing and these holes will need new Brothers to step up and fill the gaps. When the call for help comes answer it, if you don't who will? If we do not get the help, we need for our events then they will not happen and that would be a shame. Brothers let us continue the work that has made us the best council and Brotherhood and we do have fun. God Bless. -----Tony Robinson, PGK

HELP WANTED!!

Looking for 3 Knights to help with the breeding of fish for our Lenten fish fry starting in Feb.

If you would like to help & have fun it will be about 2 hrs. on Fridays from about 1:30 to 3:30 or so. That would be on the PM. We need 4 people each day & we would schedule so that you won't need to be there every week.

Please contact me at any meeting. Email or call @253 735 6035.

Ralph Osman

Keep in mind we have fun while working.

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Pay by Zelle. From your online banking app, use phone number 253-455-9789 to link your payment. If you pay by Zelle, please text me at 206-697-8252 with the amount paid.

Deliver your payment to me at the Jan 3 general membership meeting.

Upon receipt of your payment, I will mail your 2023 membership traveling card.

A new feature on the new traveling card - no signatures are required by either the GK, FS or the member.

A 2nd notice will be mailed to you if I don't receive your payment by Jan 14, 2023.

Annual Survey of Fraternal Benefits

Form 1728 Annual Survey of Fraternal Benefits is due Jan 31, 2023.

Members hours of service performed during 2022 will be reported on the form. If you have hours of service, whether with the Knights or when volunteering with a different organization or for your parish, please send the information to me at mwfay@comcast.net.

The primary categories of service are Faith, Family, Community, and Life Activities.

Fraternally,
Mike Fay, FS, PGK

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left the Church and become religiously unaffiliated. But regular reception of Holy Communion will strengthen our faith. In words attributed to St. Teresa of Calcutta: "Once you understand the Eucharist, you can never leave the Church. Not because the Church won't let you but because your heart won't let you."

In conclusion as I stated in the beginning, we should be encouraged to increasingly receive Jesus in the Holy Eucharist. The Lord is truly with us in the Eucharistic wherever mass is celebrated. He is present and he draws near to us, so that we can draw nearer to him. The Lord is generous to us with his grace; and so, we, by his grace, should always humbly ask him to give us what we need.

Birthdays and Anniversaries for January

Member Birthdays		Member Birthdays cont...	
1st	Joseph Penwell	29th	Gerald Duhamel
4th	Tito Alfiler	30th	Robert Butzerin
7th	Roger Gallagher		
13th	Lawrence Weigel		Member Wife Birthdays
14th	Aric Tennant	8th	Christine Molina
15th	Mark Hartman	17th	Franchesca Henderson
15th	James Miles	18th	Lisa Alfiler
16th	Selim Abounader	23th	Pam Ross
18th	Kevin Robillard	29th	Mary Seatz
19th	James Freyberg	30th	Mary Czuk
19th	Nguyen Tran		
20th	Thomas Skoda		Anniversaries
24th	Donald Mennie	12th	Julius and Helen Rabara
25th	Winn Michaelson	15th	Steven and Pat Gentry
28th	Norman Robinson	20th	William and Diane Shell
28th	Travis Spicer	27th	David and Mary Seatz

Good of The Order

The following is a list of those Brother Knights or family members who are sick or in distress that we have been asked to pray for:

Pete Anderson , Mel Frank, Margie wife of Gary Fredrickson,
 Mary Garcia wife of Ray Garcia, Ralph & Peggy Horner, Jerry and Kathy Koch,
 Kristine Mallari wife of Ramon Mallari, Katherine Myers mother of Dave Myers,
 Larry and Ann Neville, Ralph Osman, Joe Penwell, Mike Rutland Jr.,
 Marianne Savino, Dean Smith, Dave Toby, Mark Watling, Jim Yokum

Pray for the people of Ukraine and an end to the strife.

Pray for our Brother Knights of Columbus, Church members and families that we remain strong in our faith and pray that the Holy Spirit guide and protect us during these troubling times.

Pray for all priests and clergy that the Holy Spirit strengthen them and help them cope with all the changes as they minister to the faithful.

Pray for Our Country and leaders that the Holy Spirit descend upon us and lead us back to One Nation Under God for without Him we will not survive as a nation.

2022-2023 Council Leadership

TITLE	NAME	EMAIL ALIAS	Phone #
Chaplain	Rev Thomas Vandenberg		253-839-2320
Grand Knight	James Stiles	gk@kofc7528.org	253-312-1711
Deputy Grand Knight	Joey Romero	dqk@kofc7528.org	253-835-7603
Chancellor	William Lie	chancellor@kofc7528.org	206-240-4546
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Financial Secretary	Mike Fay	fs@kofc7528.org	206-697-8252
Lecturer	Bill Shell	lecturer@kofc7528.org	253-236-4456
Advocate	Tony Robinson	advocate@kofc7528.org	206-673-7287
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Trustee for 2 Years	Paul Savino	trustee2@kofc7528.org	253-517-5898
Trustee for 3 Year	Rick Lowman	trustee3@kofc7528.org	253-951-3575
Program Chairman	Joey Romero	program@kofc7528.org	253-835-7603
IPGK	Bob Butzerin	ipgk@kofc7528.org	253-498-6745
Membership Chairman	Mike Rutland	membership@kofc7528.org	206-419-8120
Retention Chairman	Joey Romero	retention@kofc7528.org	253-835-7603
Life Director	Bill Shell	life@kofc7528.org	253-236-4456
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Faith Director	Bill Shell	faith@kofc7528.org	253-236-4456
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Webmaster	Tim Philomeno	webmaster@kofc7528.org	206-391-8008

Knight of the Month - December

Terance Toensfeldt

Nativity House!

Come help feed the homeless Saturday January 21st. Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need!

Contact Ted Colby at nhb@kofc7528.org for any additional information.

Family of the Month - December

Ted and Heidi Colby Sanchez

Pennies for Heaven

Our goal for this year, as always, is a penny a day for Vocations, \$3.65/yr. Please support our priests!

Contact FS Mike Fay

Upcoming Events!

January

3rd General Meeting—Narthex — Rosary @7:00pm
 7th Life Vigil—348th St
 17th Planning Meeting—Narthex @ 7:00pm
 21th Nativity House—Meet in Church parking lot @
 7:30am

February

4th Life Vigil—348th St
 7th General Meeting—Narthex — Rosary @7:00pm
 11th Culture of Life Dinner—Social Hall 6:00pm
 18th Nativity House—Meet in Church parking lot @
 7:30am
 21st Planning Meeting—Narthex @ 7:00pm
 24th 1st Fish Fry—5:00pm Social Hall
 25th 40 Days for Life Starts—348th St—10am to noon

Printing and Postage are very expensive. This publication can be viewed on our website with full fidelity anytime. If you really want it mailed via USPS then email CandC@kofc7528.org.

Thanks, Tim Philomeno, Editor.

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