

The Cross and Compass

Knights of Columbus St. Joseph Council #7528



Jim Stiles, Grand Knight

Tim Philomeno, FFS—Editor

From The Grand Knight

Dear Brother Knights,

Tempus fugit continues.

The Lenten season has arrived. Our preparation for the commemoration of the death and resurrection of our Lord, Jesus Christ has begun. Meanwhile, winter's icy fingers continue to grip the area. Spring is due but doesn't seem to be in any hurry to arrive. We will persevere.

Our Lenten Fish-Fry Fridays are here. As I write this, Friday, February 24th, our initial fish fry is happening today! The Knights will need your assistance for any, or all, of the next six Fridays. Prep work starts at 1pm, food service volunteers are needed from about 4:30 pm, and everybody's favorite job: clean-up, from about 7pm until we're done.

(Continued on page 2)

INSIDE THIS ISSUE:

GK Message	1
Good of the Order	4
Birthdays	4
Pennies for Heaven	5
KOM/FOM	5
Nativity House	5
Council Events	6

From Your Lecturer

CRS Rice Bowl

As we begin another season of Lent, we have been invited to participate in a small yet important practice called the Rice Bowl. If you picked up the cardboard "bowl" at church then you obviously have the intent to fill as best you can to make a difference for many. If you have not picked up a bowl, then I hope this article will encourage you to participate.

The Rice Bowl speaks to the heart of Lent for we can simultaneously deny ourselves and also do something positive.

The CRS (Catholic Relief Services) Rice Bowl began as the idea of a group of Pennsylvania churchmen back in 1975. Msgr. Robert Coll of the Allentown Catholic Diocese, a Jewish rabbi, and Presbyterian, Episcopal, and Lutheran ministers devised the rice bowl program as an ecumenical response to a severe drought in the African Sahel (Ethiopia, Eritrea, Djibouti and Somalia).

(Continued on page 3)



FS Notes

Members are still submitting the annual dues payments.

Members of the retention committee have been attempting to contact each non-paying member to check in and encourage them to pay their annual dues.

For those members who have yet to submit their payment please to so and mail your payment to St. Joseph Council #7528, PO Box 4097, Federal Way, WA 98063.



(Continued from page 1) GK

Other upcoming activities will include: a 40 Days for Life Vigil, at S. 348th St, starting Saturday, February 25th, at 10 am, and continuing each Saturday at 10am, through April 1st; help at the Nativity House on Saturday, March 18th.

Don't forget to pay your annual dues for the Knights. Thank you to all who have, and, hopefully, everyone else will pay up soon. Those who haven't paid will be contacted to help jog your memory.

Prayer, fasting and alms-giving are all focal points of our faith, especially during the 40 Days of Lent. Lent is not merely a time to give up chocolate, alcohol, caffeine, or some meals. It is a time to acknowledge who is the Creator of our universe and everything in it, and who is the Sustainer of that Creation... and who is not. Lenten reflection, ought to include recognizing the fundamental fact that sin is the rejection of God's will, of God's plan, and God's love for us and for the rest of His Creation. We sin when we substitute our will, our plan, our self-love for God's. Good Friday and Easter are the price paid by God for our rejection of Him, for our rejection of the truth that we cannot become god. We are not the center of our own creation. We learn to trust in God's love for our world, and for us by loving him, and by loving our neighbor as ourselves.

As I asked last month, what are you doing to make God more directly, specifically, and passionately important in your life? How will you show your family, your parish, your community... your neighbors, that they, as well as you, are made in God's image? The Knights can help to make the "narrow way" even more meaningful if you help us help others. Volunteer for one of our upcoming activities.

Don't forget that our March general meeting will be Tuesday, March 7th, starting at 7:30PM. A Rosary, starting at 7 pm, will precede the general meeting. Our monthly planning meeting will be held on Tuesday, March 21st, starting at 7 pm.

We need to help bring our parish back to the old normal, mixed with some new normal as well. This can only happen with the help of more of our members. We will reach out to you, please respond. Don't wait

for us to beg, please show up whenever and wherever you can to help bring our parish family back together. They need you, and so do we.

I will sound the clarion call once again! Come to our meetings. Bring someone new to an event. Let them see what we can do to make a difference. Pray for St. Joseph to intercede on our behalf. Bring your enthusiasm, your time, your talent, and your treasure in service of others. Share yourself as a gift to others... because you are willing to answer that call.

God Bless You.

SAVE THE DATE

The baseball season is just around the corner. We will be having a Knights night on Thursday, June 15th at Cheney stadium, Tacoma with the Tacoma Rainiers. Tickets are around \$15 for general seating (no suite this year). We will be providing tickets for the clergy so the price maybe \$1-2 more depending on how many tickets we sell.

Please contact me prior to May 1.

Ralph Osman- rhusky1@gmail.com
253 735 6035

From Your Field Agent

Our new Insurance Field Agent is Stephen Fickenscher. You may reach him at stephen.fickenscher@kofc.org or by phone at 206-492-1014

(Continued from page 1) Lecturer

The program's success encouraged Msgr. Coll to ask Cardinal John Krol of Philadelphia to include the rice bowl as part of the 1976 Eucharistic Congress, which was to be held in Philadelphia. Cardinal Krol agreed and enlisted Catholic Relief Services to sponsor Operation Rice Bowl.

Helping the poor was not new for Msgr. Coll. Two years earlier, he had spent his vacation aiding earthquake victims in Guatemala. In 1979, he went to work for CRS, bringing food to starving people in Lebanon, Central America, and Somalia.

In 1985, Msgr. Coll returned to the United States and became executive director of the Interfaith Hunger Appeal in New York. He led a nationwide letter-writing campaign to urge President Ronald Reagan to "do everything in your power to feed the hungry of the world." He also held "lunch less lunches" where he encouraged prominent Philadelphians to skip a meal and hear speeches about the fight against hunger.

The Archdiocese of Seattle describes the CRS Rice Bowl campaign thusly, "Rice Bowl's Lenten program is an opportunity for families to join together in as a community to participate in the Lenten practices of prayer, fasting, and almsgiving. Through Rice Bowl, CRS provides families resources to strengthen their faith while learning ways to fight food insecurity around the world.

"Along with resources for prayer, fasting and learning, Rice Bowl has a recurring fundraising component. 75% of donations raised through this go to funding Catholic Relief Services' agriculture, health and educational projects overseas. 25% is distributed as grants in Western Washington for local anti-hunger projects."

Pope Francis encourages us with these words:

"It is especially urgent now to take care of those who hunger for food and for dignity . . . those who struggle to carry on. And this we must do in a real way, as real as the Bread that Jesus gives us. Genuine closeness is needed, as are true bonds of solidarity."

Birthdays and Anniversaries for March

Member Birthday		Member Wife Birthdays	
3rd	Gerald Wilson	1st	Margie Fredrickson
3rd	Steven Gentry	6th	Jean Duran
6th	Kevin Fleming	19th	Cindy Amato
7th	Matthew Tavares	20th	Heidi Colby
8th	Gary Hunter	27th	Marilyn Courtney
12th	Lou Soros	28th	Helen Rabara
13th	Theodore Colby		
15th	Robert Bowell		Anniversaries
17th	Ramon Mallari	18th	John and Katy Mills
18th	Michael Morales	19th	Thomas and Barbara Skoda
18th	Jeffrey Lee	25th	Randall and Jovita Jarrell
20th	Frank Spicer	30th	Henry and Rosita Anusiem
21th	Rev Thomas Vandenberg	31th	Tony and Carol Robinson
24th	Scott Baukol		
28th	Alejandro Paves		
31th	William Herbert		

Good of The Order

The following is a list of those Brother Knights or family members who are sick or in distress that we have been asked to pray for:

Pete Anderson, Margie wife of Gary Fredrickson, Mary Garcia wife of Ray Garcia, Ralph & Peggy Horner, Jerry and Kathy Koch, Katherine Myers mother of Dave Myers, Larry and Ann Neville, Ralph Osman, Joe Penwell, Mike Rutland Jr., Marianne Savino, Dean Smith, Jim Yokum, Rev Thomas Vandenberg

Pray for the people of Ukraine and an end to the strife.

Pray for our Brother Knights of Columbus, Church members and families that we remain strong in our faith and pray that the Holy Spirit guide and protect us during these troubling times.

Pray for all priests and clergy that the Holy Spirit strengthen them and help them cope with all the changes as they minister to the faithful.

Pray for Our Country and leaders that the Holy Spirit descend upon us and lead us back to One Nation Under God for without Him we will not survive as a nation.

2022-2023 Council Leadership

TITLE	NAME	EMAIL ALIAS	Phone #
Chaplain	Rev Thomas Vandenberg		253-839-2320
Grand Knight	James Stiles	gk@kofc7528.org	253-312-1711
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Knight of the Month - February

TBA

Nativity House!

Come help feed the homeless Saturday March 18th. Everyone will be meeting in the church parking lot at 7:45 and leaving promptly at 8AM. From there everyone will be heading to the Tacoma Nativity House to feed the homeless pancakes and sausage! This is a great opportunity to help those in need!

Contact Ted Colby at nhb@kofc7528.org for any additional information.

Family of the Month - February

TBA

Pennies for Heaven

Our goal for this year, as always, is a penny a day for Vocations, \$3.65/yr. Please support our priests!

Contact [FS Mike Fay](#)

Upcoming Events!

March

- 3rd Lenten Fish Fry—5:00pm Social Hall
- 4th 40 Days for Life—348th
- 7th General Meeting—Narthex — Rosary @7:00pm
- 10th Lenten Fish Fry—5:00pm Social Hall
- 11th 40 Days for Life—348th
- 17th Lenten Fish Fry—5:00pm Social Hall
- 17th 40 Days for Life—348th
- 21st Planning Meeting—Narthex @ 7:00pm
- 24th Lenten Fish Fry—5:00pm Social Hall
- 25th 40 Days for Life—348th
- 31st Lenten Fish Fry—5:00pm Social Hall

April

- 1st 40 Days for Life—348th
- 4th General Meeting—Narthex — Rosary @7:00pm
- 9th Easter Sunday
- 15th Nativity House—meet in the church parking lot at 7:45am
- 18th Planning Meeting—Narthex @ 7:00pm
- 22nd Culture of Life Dinner—6:30pm in the hall

Knights of Columbus

PO Box 4097

Federal Way, WA 98063

ADDRESS SERVICE REQUESTED

Member One